



Imani Temple I AM Institute

I AM Enlightened: Seba (SBA) Study Group

This I AM course is set up like a reading club where each participant will contribute to the discussion about a selected book. Sessions will be co-facilitated by study group members. Members are encouraged to purchase books from Black Owned book stores and distributors. The group will meet Friday nights at 6:30 pm – 7:30 pm. Starting September 11, 2015. Books for the edification

- Brainwashed by Tom Burrell September 2015
- The New Jim Crow by Michelle Alexander October 2015
- Between the World and Me by Ta-Nehisi Coates November 2015
- Martin & Malcolm & America: A Dream or a Nightmare by James H. Cone December 2015 & January 2016
- Jesus and the Disinherited by Howard Thurman January 2016
- The MisEducation of the Negro by Carter G. Woodson February 2016

March 2016

- SBA: The Reawakening of the African by Asa G Hilliard Mind April 2016

I Am Institute (Fall/Winter 2015)

I AM Hip Hop and Human Transformation (2015-2016)

This course is developed to present how the elements of Hip Hop (Djing, MCing, B-boying, Grafitti, rap etc.) can open up one's understanding into who they are and how they can live with unlimited power. Targeted for youth and young adults this course draws together ancient knowledge in a contemporary context to reveal how one can be a god on earth through having increased self-knowledge. Thursdays 6:30 pm - 7:45 pm. (Youth and Young adults)

I AM Divine Consciousness: Revealing the Power Within Part 1/ Part 2 (2015-2016)

We are of Divine substance, however, we often don't live like this is true. This course demonstrates to people how they can tap into their consciousness to create a reality that they want for themselves. It runs from September to December and then from January to March. Thursdays 6:30 pm -7:45 pm

I AM Divine Speech Medu nefer: The Power of Voice (2015)

Next to death, public speaking is the greatest fear of people. This course will instruct participants how to use their voice as a tool to impact lives. Participants will gain the confidence to speak in public with power and passion. Participants will delivery speeches on select topics in during select sessions. Wednesdays 7:45 pm - 8:30 pm

I Am Divine Health: Health, Healing and Holism (2015)

How to eat to live is discussed in this course. Ancient and modern understanding of health, exercise, and nutrition are presented. Tuesdays 6:30 pm - 7:30 pm

Clergy (Legate)

African Spirituality, Religion and Philosophy

It was advanced by John Mbiti that "for the African Life was religion and religion was life." This course presents how the African conceptualization of religion is a moving and living phenomena. Yoruba, Akan, Coptic, Candomble, Santeria, Vodun, and the ancient practice of religion of Kemet (Egypt) are explored. Tuesdays 6:30 pm - 7:30 pm

Ethics, Ptah Hotep, and Ministry

The African origins of ethical conduct and how religion/philosophy played a role in such are presented in this course. Ethics in the church is explored. Wednesdays 7:45 pm - 8:45 pm